



The Center for Addiction Services

**SEEKING TO MINIMIZE
NEGATIVE EFFECTS OF
DRUG ABUSE UPON BOTH
THE INDIVIDUAL AND THE
COMMUNITY**

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CAS BACKGROUND

In 1972, the Center for Addiction Services after more than a year of joint planning by the Seattle King County Drug Commission, other local government agencies, and existing drug treatment programs was funded through a grant from the National Institute of Mental Health. The grant established CAS primarily responsible for providing services and continuity of care to drug abusers within King County. To fulfill that responsibility, CAS developed an umbrella structure utilizing those programs already in existence.

On the day CAS officially opened its doors (July 5, 1972) more than 300 people applied for service. The program provided centralized intake, assessment, referral and treatment services to an annual average of 2,000 persons. Research and evaluation was also conducted to insure appropriate care. Some services were provided directly by CAS. Other services were provided through contracts with affiliate liate agencies.

As of October 1, 1978, CAS began to provide direct services only. Since that time the program has served an average of 190 per month and has the capacity to serve 220.

Support for CAS is currently provided primarily through a federal grant from the National Institute of Drug Abuse. Other funds are received from the State Department of Social and Health Services, private contributions and client fees.

Pre and Post Natal Program

The Pre and Post Natal Program is designed to meet the special needs of pregnant women addicted to drugs. Due to their addictions these women have an increased risk of complications for both themselves and their babies. If they experience withdrawal they risk losing the baby. Research has shown, however, that appropriate treatment can reduce these risks. Services include: chemical maintenance and/ detoxification; urine surveillance; medical care; counseling; pre-natal referral and monitoring; pre-natal and parenting instruction; liaison and consultation; and, supportive limited day care. PPNP goals are to increase the chances of the women having healthy babies, increase their parenting skills and increase the chances of the women becoming and remaining drug free. The addicted woman can ease her fears and increase her chances of having a healthy baby by seeking help through PPNP.