

MALDEN CENTERS

Alcoholic Rehabilitation Centers

1808 - 18TH AVENUE — SEATTLE, WASHINGTON 98122

(206) EA. 9-2335

May 20, 1972

ALCOHOLISM TRAINING WORKSHOP

We have all been aware of the many problems of the individual, his family, and business that develop from the over-use and abuse of alcohol. Today our society is faced with a real and present danger from the abuse of alcohol - the drunken driver. Past attempts to solve the problem with fines and jail sentences have had a very limited, if any, effect. Such measures have not changed the behavior pattern of the individual, but have penalized and too often destroyed the family as a social unit. The solution must come from change within the individual in such a way that he, or she, will again be a responsible, productive citizen.

Legislation enacted by the 1971 Special Session and signed by Governor Evans (House Bill 314) has opened the door to a new approach to the problem, an approach to programs of treatment and rehabilitation. Courts may now make use of community treatment facilities and exert a measure of compulsion through the probation system.

The program is based on the following:

1. Work is an essential part of the recovery process. Each person is expected to continue his employment or find gainful employment. This permits the individual to continue his financial responsibilities.
2. The therapy program consists of:
 - a. Group Therapy oriented toward the present reality of the problem with direction toward changed behavior patterns.
 - b. Lectures by experts in various phases of the drinking driver problems.
 - c. Appropriate visual aids in conjunction with other parts of the program.
 - d. Individual counselling on personal problems by trained, dedicated, staff members.
3. The over-use and abuse of alcohol is also a family problem. The treatment of the individual also includes the family as part of the problem and solution. Family therapy includes:
 - a. Family Group Therapy
 - b. Family and marriage counselling.
 - c. Individual counselling.

